

# October 2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
9:15 Bingo\$ 10:30 <i>Mass at Good Shepherd</i> 1:00 Puzzle Time 2:00 Coffee and Cookies 3:00 King in the Corner (LR) 6:00 Movie/ LR) <b>Happy Halloween!</b>	<b>31</b> PD= Private Dining Room LR = Living Room DR = Dining Room, L = Library *In house events and speakers	CY= Courtyard BR= Billiards Room R= Renaissance ER= Exercise Room *Outings and Shopping	All activities take place in the Country Kitchen unless otherwise noted. Activities are subject to change		9:30 Get out and Walk 10:00 Oxycise w/ Jackie 11:00 Bean Bag Challenge 12:00 <i>Oktoberfest Celebration!!</i> 1:30 Beginning WII Bowling 3:00 King in the Corner (LR)	<b>1</b> 10:00 Prize Bingo 11:00 Scrabble 1:00 <i>Cooking w/ the Girl Scouts</i> 2:30 Family Feud 3:00 Root Beer Floats 3:30 Poker Club & Pool (BR)	
10:00 Bingo\$ 11:00 Trivia & Brain Games 1:30 <i>Communion (PD)</i> 2:00 <i>Cypress Baptist Church</i> 3:00 King in the Corner 6:00 Movie/ LR	<b>3</b> 9:00 Get out and Walk 10:00 Oxycise w/ Jackie 11:00 Scrabble 1:00 <i>Dollar Tree</i> 1:30 <i>Lend a Heart Therapy Dogs</i> 2:45 <i>Country Drive</i> 3:00 Bingo \$	<b>4</b> 9:00 Get out and Walk 9:00-11:30 <i>California Telephone Access Program</i> 1:30 Crafts- Ghosts 2:30 Bridge 3:30 Are you Smarter Than a 5th Grader?	<b>5</b> 9:00 <i>Shopping Safeway</i> 10:00 Bingo 10 \$ 1:00 <i>Leatherby's Ice Cream Parlor</i> 1:30  Arthritis Foundation Exercise Program 2:30 Pony Bead Key Rings 3:30 Giant Crossword Puzzle 6:00 Bingo w/Natalie & Abbi	<b>6</b> 9:00 Get out & Walk 9:30 World News Currents 10:30  Arthritis Foundation Exercise Program 1:00 Bunco 2:30 Music Bingo 4:00 Rummikub & Rummy 6:15 Bible Study (PD)	<b>7</b> 9:30 Get out and Walk 10:00 Oxycise w/ Jackie 11:00 <i>"Money Talk" w/ Michael</i> 1:30 Beginning WII Bowling 3:00 <i>Happy Hour w/ Julian</i> 6:00 Movie/	<b>8</b> 10:00 Prize Bingo 11:00 Scrabble 1:30  Arthritis Foundation Exercise Program 2:30 Family Feud 3:00 Ice Cream Sundae's 3:30 Poker Club & Pool (BR) 6:00 Lawrence Welk (LR)	
10:00 Bingo\$ 11:00 Trivia & Brain Games 1:30 <i>Communion (PD)</i> 2:00 <i>Sunday Service w/ Miles Patten</i> 3:00 King in the Corner (LR) 6:00 Movie/(LR)	<b>10</b> 9:00 Get out and Walk 10:00 <i>How to Handle Holiday Stress</i> 11:00 Scrabble 1:00 <i>Shopping Raley's</i> 1:30 King in The Corner 3:00 <i>Country Drive</i> 3:00 Bingo \$ 4:00 Play Cards	<b>11</b> 9:00 Get out and Walk 10:00 Bingo\$ 1:00 <i>Merian Medical -Walker Adjustments &amp; Information</i> 1:30 Hymn Sing-a-Long (R) 2:30 Baking 3:30 Are you Smarter Than a 5th	<b>12</b> 9:00 Get out and Walk 10:00 Bingo\$ 11:00 Bridge 1:30 Crafts- Bottle Cap Magnets 2:30 <i>Activity Planning Meeting</i> 3:30 Are you Smarter Than a 5th	<b>13</b> 9:30 <i>Sacramento Zoo &amp; Lunch</i> 10:00 Bingo 10 \$ 1:30 Make Fall Placemats 2:00 <i>Joann's Craft Store</i> 2:30  Arthritis Foundation Exercise Program 3:30 Giant Crossword Puzzle 6:00 Bingo w/Natalie & Abbi	<b>14</b> 9:00 Get out & Walk 9:30 World News Currents 10:30  Arthritis Foundation Exercise Program 1:00 Bunco 2:30 <i>German Culture w/ Jessica</i> 4:00 Rummikub & Rummy 6:15 Bible Study (PD)	<b>15</b> 9:30 Get out and Walk 10:00 Oxycise w/ Jackie 11:00 Bean Bag Challenge 1:00 Beginning WII Bowling 3:00 King in the Corner (LR) 6:00 Movie/	<b>16</b> 10:00 Prize Bingo 11:00 Scrabble 1:00 Family Feud 2:00 <i>Happy Hour w/ Dana Willis</i> 3:30 Poker Club & Pool (BR)
10:00 Bingo\$ 11:00 Trivia & Brain Games 1:30 <i>Communion (PD)</i> 2:30 <i>St. Luke's songs &amp; Worship</i> 3:00 King in the Corner (LR) 6:00 Movie/ (LR)	<b>17</b> 9:00 Get out and Walk 10:00 Oxycise w/ Jackie 11:00 Scrabble 1:00 <i>The Halloween Store</i> 1:30 King in the Corner 3:00 <i>Country Drive</i> 3:00 Bingo \$ 4:00 Play Cards	<b>18</b> 9:00 Get out and Walk 10:00 Bingo\$ 11:00 Bridge 1:30 Crafts- Bottle Cap Magnets 2:30 <i>Activity Planning Meeting</i> 3:30 Are you Smarter Than a 5th	<b>19</b> 9:00 Get out and Walk 10:00 Bingo\$ 11:00 Bridge 1:30 Crafts- Bottle Cap Magnets 2:30 <i>Activity Planning Meeting</i> 3:30 Are you Smarter Than a 5th	<b>20</b> 9:00 <i>Apple Hill</i> 10:00 Bingo 10 \$ 1:30 Holiday window Decor 2:30  Arthritis Foundation Exercise Program 3:30 Giant Crossword Puzzle	<b>21</b> 9:00 Get out & Walk 9:30 World News Currents 10:30  Arthritis Foundation Exercise Program 1:00 Bunco 2:30 Music Bingo 4:00 Rummikub & Rummy 6:15 Bible Study (PD)	<b>22</b> 9:30 Get out and Walk 10:00 Oxycise w/ Jackie 11:00 Bean Bag Challenge 1:30 Beginning WII Bowling 3:00 <i>Happy Hour Karaoke w/Eric</i> 6:00 Movie/The Flying Scotsman (LR)	<b>23</b> 10:00 Prize Bingo 11:00 Scrabble 1:30  Arthritis Foundation Exercise Program 2:30 Family Feud 3:00 Root Beer Floats 3:30 Poker Club & Pool (BR) 6:00 Lawrence Welk (LR)
10:00 Bingo\$ 11:00 Trivia & Brain Games 1:00 Play Cards 2:00 <i>Cypress Baptist Church</i> 3:00 King in the Corner 6:00 Movie/ LR	<b>24</b> 9:00 Get out and Walk 10:00 Oxycise w/ Jackie 11:00 Scrabble 1:00 <i>Shopping Walmart</i> 1:30 King in the Corner 3:00 <i>Country Drive</i> 3:00 Bingo \$ 4:00 Play Cards	<b>25</b> 9:00 Get out and Walk 10:00 Bingo\$ 11:00 <i>Talk w/Chef Filomena</i> 1:30 Hymn Sing-a-Long (R) 2:30 Baking Class 3:30 Are you Smarter Than a 5th Grader? 6:15 <i>Resident Counsel Meeting</i>	<b>26</b> 9:00 Get out and Walk 10:00 Bingo\$ 11:00 <i>Talk w/Chef Filomena</i> 1:30 Hymn Sing-a-Long (R) 2:30 Baking Class 3:30 Are you Smarter Than a 5th Grader? 6:15 <i>Resident Counsel Meeting</i>	<b>27</b> 9:00 <i>Thunder Valley Casino</i> 10:00 Bingo 10 \$ 1:30 Plastic Canvas Craft 2:30  Arthritis Foundation Exercise Program 3:30 Giant Crossword Puzzle 6:00 Bingo w/Natalie & Abbi	<b>28</b> 9:00 Get out & Walk 9:30 World News Currents 10:30  Arthritis Foundation Exercise Program 1:00 Bunco 2:30 Music Bingo 4:00 Rummikub & Rummy 6:15 Bible Study (PD)	<b>29</b> 9:30 Get out and Walk 10:00 Oxycise w/ Jackie 11:00 Bean Bag Challenge 1:30 Beginning WII Bowling 2:30 Halloween Movie (LR) 6:30 <i>Halloween Party w/ Magic Show</i>	<b>30</b> 10:00 Prize Bingo 11:00 Scrabble 1:30  Arthritis Foundation Exercise Program 2:30 Family Feud 3:00 Sherbet 3:30 Poker Club & Pool (BR) 6:00 Lawrence Welk (LR)