



THE  
**Commons**  
AT ELK GROVE

**A New Beginning**



MEMORY CARE PROGRAM

## RENAISSANCE AT THE COMMONS



Caring for a loved one with Alzheimer's disease or related dementia can be one of the most difficult and trying times experienced by any family. The decision

to move a loved one into an Alzheimer's care residence is never easy and often families think they are doing the right thing by continuing to care for them at home. Unfortunately, there comes a point when it's not the right option for either the caregiver or the loved one. Clearly, families wrestle with feelings of guilt, fear and grief. You wonder: Will they be well cared for? Will they feel at home? Will they be able to live a life with dignity and respect? You need to experience a new beginning with people who truly care. That's why our state-of-the-art dementia program is

named *Renaissance at The Commons*.



## DISCOVER THE DIFFERENCE

We believe one step inside and any concerns about placing a loved one in an “institutional setting” will be dispelled. Residents enjoy many interactive areas, including a comfortable living room with a fireplace, and two dining rooms,



each with a cozy homelike kitchen, and other engaging activity spaces. You may detect the aroma of freshly prepared meals or cookies baking, bringing back childhood memories of times gone by...one of many supervised life-enriching activities.

*...warm, inviting atmosphere*

The interior design of the *Renaissance at The Commons* creates an inviting, relaxed home-like atmosphere. Wall-to-wall carpeting, nostalgic items like old radios and antique telephones and tactile items safe for touching and picking up, such as afghans, hats and neck ties, create our special environment we refer to as the silent caregiver. Personalized memory boxes outside each apartment door also bring comfort to residents, helping them realize this is their home.



## QUALITY CARE AND EXPERIENCE

But we all know the environment alone isn't enough. It takes knowledgeable, caring people to be there 24 hours a day— to help prepare meals, manage medications, provide housekeeping, to hold a hand, or to simply soothe. Each care provider has been carefully selected based on experience, personality, commitment and love of caring for persons with Alzheimer's and related dementia.

### SPECIAL SERVICES

High staff-to-resident ratios

24-hour specially trained staff on duty

Medication management

Assistance with activities of daily living

Individualized care management programs

Balanced, nutritious meals approved by a nutritionist

Family support and involvement



From an engaging activities program, to our nostalgic decor and supportive services, *Renaissance at The Commons* is proud to offer nurturing and dignified care to residents with attention to each individual's needs. Our compassionate staff is trained in creative behavioral approaches and skilled in helping maintain consistency in the lives of our residents.

### ...a supportive environment

Most importantly, we want you to know you are a member of our care team. It's a relationship that allows you to go home feeling secure, knowing we'll still be here caring for your loved one.



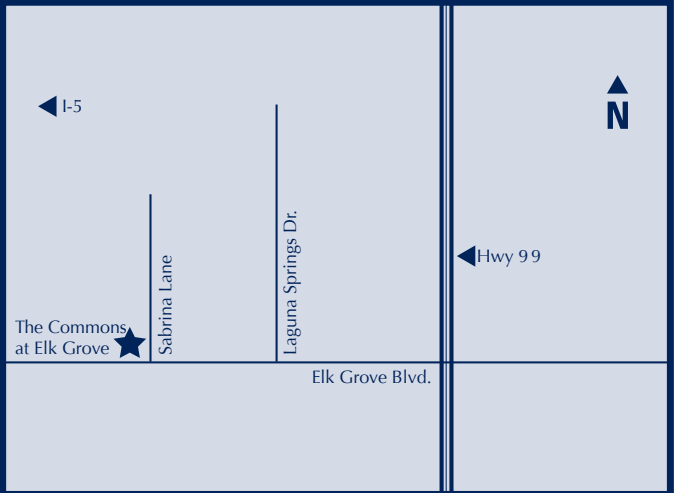
**Visit us and Discover...A New Beginning!**

**DIRECTIONS:**

**THE COMMONS AT ELK GROVE:**

From Hwy 99, take the Elk Grove Blvd. exit and go West 0.5 miles. Turn right onto Sabrina Lane. The Commons at Elk Grove is located on the corner of Elk Grove Blvd. and Sabrina Lane.

From Hwy 5, take the Elk Grove Blvd. exit and go East 5 miles to Laguna Springs Dr., make a U-turn back to Sabrina Lane.



THE  
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AT ELK GROVE

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